

## INSTRUCTIONS TO PARTICIPANTS

### Getting to BSU

The Benguet State University (BSU) is located in the municipality of La Trinidad in the province of Benguet. It is about 250 kilometers north of Manila and 5 kilometers from Baguio City. Buses regularly ply the route from Metro Manila to Baguio City and depending on traffic conditions and place of departure from Manila, travel time may range from about 5 to 7 hours. Bus fare is about P500.00

Participants who opt to take their own vehicles may use any of three possible routes—Kennon Road, Marcos Highway, and Naguilian Road. Travel time along the famous Kennon Road is shortest but Marcos Highway is also a famous alternative.

From Baguio City, BSU can easily be reached via the “jeepney” and/or taxi which are available almost throughout the day. Depending on personal preferences, fares are about P10.00 and P90.00 for the “jeepney” and taxi, respectively.

In April, the average temperature in Benguet is a comfortable 20°C. It is however, colder during the early morning and evening. Participants are therefore advised to wear or bring appropriate clothing.

### Lodging

Because of the flocking of both local and foreign tourists in summer, participants are advised to make their own lodging arrangements prior to their arrival in BSU. Being the commercial center and seat of government in the province, La Trinidad and Baguio City play host to a number of government offices/establishments that have their own lodging facilities for their staff, employees, and guests. These include the National Food Authority (NFA) staff house and Teachers’ Camp in Baguio City, and the National Irrigation Administration Regional Office in La Trinidad. If you are affiliated with these offices, you may consider these in your selection.

Those who intend to stay in BSU, on the other hand, may consider the following options:

#### DA AGRICULTURAL TRAINING INSTITUTE (Within BSU)

Contact Person: MS. VERONICA B. SILOY  
Tel. No.: (074) 309 2080

	Capacity per Room	Price Range per Head per Night
Regular Rooms	4-6	100
VIP Rooms	2-4	500-600

## BSU LODGING FACILITIES

Contact Person: MS. EDNA BOSOY-DELMAS

Tel. Nos.: (074) 422 2402/(074) 422 2127

Local 31, 46,44, & 45

(074) 309 3880

Mobile Nos. (074) 0918 707 8459

(074) 0907 740 3687

	Capacity per Room	Price Range per Head per Night
Gladiola Center	2	350 – 600
	3	300
	8-9	250
Executive Guest House – Main	2	200
	6	150
	12	150
Executive guest House – Annex	2	150
	4	150
Home Management Guest House	3	150
	3-6	150
Guestel I	2-6	100
PCARRD-HARRDEC Guest House	2-4	150

Participants may also opt to avail of the services in hotels or other private lodging establishments. You may contact them at the numbers listed in the yellow pages.

Approach the secretariat for any other concern and/or assistance in your lodging requirements.

